



PositiveShyft.com
General Terms & Conditions

Coaching is an alliance between the Coach and the Client. Our coaching sessions are intended to inspire new thinking, transform perceptions and behavior to improve performance, establish directional clarity, and achieve personal goals. Positive Shyft coaching sessions focus on your potential by utilizing your strengths, uncovering what's in your way, and targeting the areas that you are most interested in addressing to help you reach your goals more effectively.

The Discovery Call is introductory in nature, so all questions may not be resolved in 30 minutes. The free 30 minute calls are for new clients only and are conducted by phone (voice call). You need to sign up @ positiveshyft.com. The time and date will be self-scheduled on the Coach's online calendar @ positiveshyft.com. Coaching Sessions begin after the Discovery Call, once the Client purchases a Coaching Package from positiveshyft.com.

Services and Procedure: After the Free Discovery Call, the Client purchases a Coaching Package option from positiveshyft.com, self-schedules their session time(s) on the Coach's online calendar, signs a Coaching Agreement & completes any coaching surveys & materials that can facilitate direction for the initial coaching session. In the purchase of a Coaching Package, Coach & Client agree to engage in a Coaching alliance through video meetings/phone calls which will be defined in the Coaching Package and confirmed by email. Coach will be available to Client by email between scheduled meetings as defined by each Package. Coach may also be available for additional time, as outlined in some of the available packages.

The date & time of the coaching sessions will be determined by Client based on the self-scheduled appointment time on Coach's online calendar. The details of the meeting and video link will be found in the confirmation email once the package has

been purchased & scheduled. Coach will wait 15 minutes into the session for Client to join before terminating that session. If Client joins a session late(up to 15 minutes), the scheduled time allotted for the session remains. If the Client is more than 15 minutes late, the session will be forfeited. If Coach is late, Client will have the scheduled amount of time toward the session, or Client will be able to reschedule the entire session (with priority).

Confidentiality: This Coaching alliance, as well as all information (documented or verbal) that the Client shares with the Coach as part of this alliance, is bound by the principles of confidentiality set forth in the ICF Code of Ethics. However, please be aware that the Coach-Client relationship is not considered a legally confidential relationship (like the medical(HIPPA) and legal professions) and thus communications are not subject to the protection of any legally recognized privilege. The Coach agrees not to disclose any information pertaining to the Client without the Client's written consent.

Guarantees: Please note that Positive Shyft, LLC does not make any guarantees about the results of the information/material applied on PositiveShyft.com nor the coaching methodologies or practices. I share educational and informational resources that are intended to inspire new thinking, perceptions and behavior to improve performance, establish directional clarity, and achieve personal goals. You nevertheless need to know that your ultimate success or failure will be the result of your own efforts, your particular situation, and innumerable other circumstances beyond my knowledge and control.

Accuracy of Presented Information: Positive Shyft, LLC will do its due-diligence to have all content and materials up to date and accurate at the time of distribution, posting, or sharing. Occasionally, well-researched content & distributed materials will become invalid or outdated beyond our control. Positive Shyft will attempt to include a date on materials or content, but does not claim responsibility if the materials or content become outdated or invalid. Please use your discretion and ask/clarify with the Coach with any questions or issues.

Intellectual Property: Images, logo, text, designs, graphics, distributed materials, videos, trademarks and service marks are owned by and property of Positive Shyft, LLC, or the properly attributed party. It is a violation of federal law to use any of our

intellectual property in whole or in part, and modification of any materials contained on this site is illegal. You may use our intellectual property with clear and obvious credit back to our site, as well as links back to the page where the materials, designs, images, text, quote or post is located.

General Disclaimer: I am not a licensed psychologist or specialist healthcare professional. My services do not replace the care of psychologists, therapists, or other healthcare professionals. Please note that I cannot take any responsibility for the results of your actions and any harm or damage you suffer as a result of the use, or non-use of the information available at PositiveShyft.com. I don't make any guarantees about the results of the information applied at PositiveShyft.com. I share educational and informational resources that are intended to help you succeed in creating and achieving personal goals and enhancing your life. Please use your discernment and conduct due diligence before taking any action or implementing any plan or practice suggested or recommended by PositiveShyft.com. *You, nevertheless, need to know that your ultimate success or failure will be the result of your own efforts, your particular situation, and innumerable other circumstances beyond my knowledge and control.*